





How to make the most out of a visit to your LIBERTY Dental Plan dentist

Questions about your Dental Plan?
Call Us Toll Free: 888.700.1246

Or visit us online at:

www.libertydentalplan.com

What to know before you call:

- The LIBERTY Dental Plan you are enrolled in
- The reason for your appointment (let your office know if you are having a emergency)

What to take to your appointment:

- Plan benefit schedule
- List of questions or concerns
- List of medications you may be taking
- Information in order to complete new patient forms



Schedule regular dentist visits

By seeing your dentist at least twice a year, you can help prevent many dental health problems. Regular visits will help reduce discomfort and costly treatment plans. Regular visits allow your dentist to monitor your oral health and recommend a dental health routine to address areas of concern.



Ask for advice

Take advantage of your dental visit. Ask questions about your dental habits at home and what they would recommend to improve them. Let your dentist know if you are having any sensitivity, pain or other concerns. Talk to your dentist even if you don't think what you are experiencing affects your dental health.



Know what to expect

Sometimes the greatest fear is of the unknown. During a routine checkup, you should expect your dentist to screen for oral cancer, check for tooth and gum disease and inspect your fillings, crowns or dentures. Dental x-rays will help the dentist detect problems that may not be caught during other examinations. Feel free to ask questions or express your concerns. Chances are your dentist has dealt with the issue before and can offer support.



After your appointment

If you still have questions or need help understanding your treatment options, contact LIBERTY Dental Plan toll free at **888.700.1246** and a knowledgeable representative will be ready to assist.